Champions Training Centre JUNE 2013 NEWSLETTER WELCOME

As we continue through Spring school skaters are learning new skills and starting to develop their new programs. This spring, one of the main focuses was the development of the skaters power, stride and posture in their basic skating going in and out of jumps.

*** <u>NEW</u> MISSED SESSION LINE PROCEDURE ***

IF YOU ARE GOING TO BE AWAY, PLEASE EMAIL THE CHAMPIONS TRAINING CENTRE OFFICE. OUR EMAIL ADDRESS IS: CHAMPIONSTC@BELLNET.CA. BY DOING THIS, THE COACHES WILL BE INFORMED OF WHEN A SKATER WILL BE MISSING. IF YOU EMAIL PRIOR TO THE START OF YOUR DAY'S SESSION, YOU WILL NOT BE CHARGED FOR THE LESSON. EVEN IF YOUR COACH IS AWARE OF THE ABSENCE, PLEASE EMAIL THE CTC OFFICE.

REMINDER NOTICE

IF YOU ARE IN NEED OF SPEAKING WITH A COACH, PLEASE WAIT UNTIL THEY ARE FINISHED THE SESSION OR ARE ON A BREAK. THE OTHER OPTION IS TO INTERRUPT THEM DURING YOUR CHILD'S LESSON. IF YOUR INQUIRY IS AN OFFICE MATTER, PLEASE CONTACT THE OFFICE AT 519-624-4532! THANK YOU FOR YOUR CO-OPERATION.

ICE SURFACE ENTRANCE

PLEASE REMEMBER THAT ONCE THE SKATERS STEPS ONTO THE ICE, WE ASK THAT THEY DO NOT LEAVE THE ICE SURFACE UNLESS THEY HAVE PERMISSION FROM THEIR BASE COACH OR ONE OF THE COACHES ON DUTY. WE WOULD APPRECIATE IF PARENTS WOULD WAIT UNTIL THE END OF THE SESSION WHEN THE SKATERS LEAVE THE ICE BEFORE THEY COME TO SPEAK TO THEIR CHILD.

SKATERS AND COACHES NEWS

SUMMER FORMS ARE NOW PAST DUE! IF YOU HAVE NOT ALREADY HANDED IN YOUR FORM, AND ARE PLANNING ON DOING SO, PLEASE FORWARD IT TO CTC ASAP. SUMMER CONFIRMATION FORMS AND LESSON AGREEMENTS WILL BE SENT OUT SHORTLY

MEDICAL FORMS AS WELL AS WAIVER FORMS HAVE BEEN EMAILED OUT TO ALL SKATERS. IF YOU DID NOT RECEIVE A COPY OF THIS EMAIL, PLEASE CONTACT THE CTC OFFICE. THEY ARE NOW DUE!

WE HOPE TO SEE ALYSSA BUDDINGH BACK ON THE ICE.

A COUPLE OF NEW PARTNERSHIPS WERE STARTED THIS MONTH. CONGRATULATIONS TO ELIZABETH YATES AND SCOTT NORTON AS WELL AS JAMIE KNOBLAUCH AND NATHAN O'BRIEN.

THIS YEAR, WE WILL BE FOLLOWING A DIFFERENT PROCEDURE REGARDING COMPETITIVE OUTFITS. PLEASE SPEAK TO YOUR BASE COACH REGARDING THIS.

SKATERS: NOW THAT WE ARE IN THE SPRING AND SUMMER MONTHS, IT IS ESPECIALLY IMPORTANT THAT SKATES BE TAKEN OUT OF THE SKATE BAG EVERY EVENING TO LET THE INSIDE AND SOLES DRY OUT COMPLETELY. THIS WILL HELP PREVENT DETERIORATION OF THE BOOTS. ALSO PLEASE REMEMBER NOT TO STORE SKATES IN SKATE BAGS WITH GUARDS ON THE BLADES. THE QUILTED OR PADDED BLADE COVERS ARE MUCH MORE SUITABLE.

SUMMER SIZZLE AND THORNHILL ENTRY INFORMATION WILL BE SENT OUT SHORTLY.

Due to the low enrolment the "evening out in Cambridge" activity has been cancelled.

REMINDER: LAST DAY OF TICKET ICE FOR ALL MORNING AND NOON SESSIONS IS JUNE 21ST, 2013.

FALL SCHOOL APPLICATION FORMS WILL BE MAILED OUT SHORTLY!

IF A SKATER MISSES A SKATING SESSION AND WOULD LIKE TO MAKE IT UP, IT NEEDS TO BE DONE WITHIN THAT SKATING SCHOOL. YOU CANNOT TRANSFER MISSED SKATING SESSIONS FROM ONE SCHOOL TO THE NEXT.

COMPETITION OUTFITS

FOR SKATERS WHO ARE COMPETING THIS SUMMER IT'S TIME TO START THINKING ABOUT COMPETITIVE OUTFITS. IF YOU ARE PLANNING ON WEARING YOUR LAST YEAR'S OUTFIT DOES IT FIT? IF YOU NEED ALTERATIONS, PLEASE CONTACT YOUR DRESSMAKER.

<u>New procedure</u>: IF YOU ARE WISHING A NEW COMPETITION OUTFIT, YOU HAVE TWO OPTIONS:

For a Fee, your choreographer can design a competition outfit for you or have the dressmaker design one for you. The fee for our choreographer to design the outfit is \$ 25.00 plus hst.

MATERIAL PURCHASE, FITTINGS AND BEADING WOULD BE ORGANIZED THRU THE DRESSMAKER.

We would suggest Irene Nemeth as the dressmaker as she has worked with our skaters in the past. Her contact information is: 519-842-6919 or <u>Nemeth Irene@hotmail.com</u>.

MAKING CHANGES TO SKATERS SCHEDULES

CTC DOES NOT GIVE REFUNDS EXCEPT IN THE CASE OF APPROVED MEDICAL WITHDRAW. NO REFUNDS FOR RETIRED SKATERS. WITHDRAWAL FROM THE PROGRAM DOES NOT REMOVE THE OBLIGATION TO HONOUR POST-DATED CHEQUES. PROGRAM CHANGES ARE TO BE REQUESTED IN WRITING. <u>EMAILS ARE NOT PERMITTED</u>, AS BASE COACH IS REQUIRED TO SIGN TO VERIFY APPROVAL OF THIS CHANGE. THERE IS A \$15.00 PROCESSING FEE FOR CHANGES ONCE THE INVOICE HAS BEEN PROCESSED. CREDITS OR REFUNDS FOR MEDICAL REASONS WILL BE ISSUED UPON RECEIPT OF A MEDICAL DOCTOR'S NOTE, ON A PRO-RATED BASIS.

IMPORTANT DATES

•	JUNE 24, 2013
•	JUNE 25, 2013

- JUNE 26, 2013
- JUNE 27 JULY 1, 2013
- JULY 2, 2013
- JULY 19, 2013
- JULY 23 27, 2013

Make UP FOR MONDAY MAY 20TH Make UP FOR SATURDAY MAY 18TH TENTATIVE TEST DAY NO SKATING FIRST DAY OF SUMMER SKATING PEPPLER SIMULATIONS DETROIT SKATE COMPETITION

PRESTON FSC NEWS

FUNDRAISER: THE PRESTON FSC IS STILL COLLECTING ZEHRS TAPES. ANY TIME YOU GO TO ZEHRS, PLEASE BRING YOUR RECEIPTS TO THE COACHES DRESSING ROOM @ THE HESPELER ARENA. THESE ZEHRS RECEIPTS CAN BE FROM ANYWHERE... IE: GUELPH, KITCHENER, WATERLOO, BRANTFORD OR CAMBRIDGE.

THE PRESTON FSC AGM IS GOING TO BE HELD ON TUESDAY JUNE 11, 2013 @ 7:30PM. IT WILL AT THE HESPELER MEMORIAL ARENA. ALL PRESTON MEMBERS THAT ARE IN GOOD STANDING WITH THE CLUB ARE WELCOME TO ATTEND!

THIS YEAR, THE PRESTON FSC IS ALSO PARTICIPATING IN TWO FESTIVALS. WE ARE NEEDING YOUR HELP! IF YOU ARE AVAILABLE TO ASSIST WITH EITHER OF THESE DAYS, PLEASE CONTACT US @ PRESTONSKATING@BELLNET.CA.

TEST DAY INFORMATION

IF YOU CHILD IS NOT HOME CLUB PRESTON, THEN A TEST PERMISSION FORM WILL BE REQUIRED.

USUALLY A FORM IS ONLY PERMITTED FOR ONE SCHOOL OR SEASON {DEPENDING ON THE HOME CLUBS RULES}.

PLEASE MAKE SURE YOU HAVE A CURRENT TEST PERMISSION FORM AT THE CTC OFFICE.

SPRING TEST DAY(S) IS TENTATIVELY PLANNED FOR: JUNE 26, 2013. ONCE THE FINAL TEST LIST IS ANNOUNCED FOR EACH TEST DAY, THE SKATERS WILL RECEIVE AN ENVELOPE FROM THE COACH THAT HAS SUBMITTED THE TEST. THIS ENVELOPE IS DUE BACK INTO THE TEST BOX (LOCATED IN THE COACHES DRESSING ROOM, HESPELER ARENA) ONE WEEK BEFORE TEST DAY. PLEASE MAKE SURE YOU FILL OUT ALL OF THE REQUESTED INFORMATION IE: SKATE CANADA NUMBER.

MAKE UP DAY MONDAY, JUNE 24TH (FOR MONDAY, MAY 20)

REGULAR MONDAY SCHEDULE

MAKE UP DAY TUESDAY, JUNE 25TH FOR SATURDAY, MAY 18)

4:10 - 4:55pm GENERAL SESSION	(Saturday 11:20 - 12:05 session)
4:55 - 5:40pm GENERAL SESSION	(Saturday 12:15 - 1:00 session)
5:40 - 5:55pm STROKING	(Saturday 11:05- 11:20 session)
5:55 - 6:05pm FLOOD	
6:05 - 6:15pm SKILL/DANCE	(Saturday 10:55 - 11:05 session plus accelerated 9:15 - 10:10 session)
6:15-7:00pm GENERAL SESSION	(SATURDAY 10:10 - 10:55 SESSION PLUS ACCELERATED 9:15 - 10:10 SESSION)